

# INTERNATIONAL SCHOOL OF NANSHAN SHENZHEN

## 2025-26

### PHOENIX ATHLETICS INFORMATION BOOKLET



# STUDENT ATHLETE HANDBOOK



For a copy of the  
Student Athlete  
Handbook

CLICK HERE





# SPORTS SEASONS

## 2025-2026

SEASON	SEASON 1 / FALL										SEASON 2 / WINTER										SEASON 3 / SPRING																																							
Month	AUGUST			SEPTEMBER			OCTOBER			NOVEMBER			DECEMBER			JANUARY			FEBRUARY			MARCH			APRIL			MAY			JUNE																													
Week beginning School week	4	11	18	25	1	8	15	22	29	6	13	20	27	3	10	17	24	1	8	15	22	29	5	12	19	26	2	9	16	23	2	9	16	23	30	6	13	20	27	4	11	18	25	1	8	15	22													
					1	2	3	4	5	6	7	8	9	10	11	12	www	13	14	15	16			17	18	19	20	21	22	23	24	25	26	27		28	29	30	31	32	33	34	35	36	37	38														
HIGH SCHOOL GR 9-12											<div> VOLLEYBALL Aug 25 - Oct 27, 9wks</div>										<div> BASKETBALL Nov 3 - Feb 2, 11wks</div>										<div> SOCCER Feb 3 - Apr 20, 9wks</div>																													
																					<div> BADMINTON Feb 10 - Apr 20, 9wks</div>																																							
MIDDLE SCHOOL GR 6-8											<div> SOCCER Aug 25 - Oct 26, 8wks</div>										<div> TOUCH RUGBY</div>										<div> VOLLEYBALL Jan 5 - Mar 17, 9wks</div>										<div> BASKETBALL Mar 23 - May 24, 8wks</div>																			
											<div> BADMINTON Sep 1 - Nov 16, 10wks</div>																																																	
PRIMARY SCHOOL GR 3-5											<div> BASKETBALL W/F/S </div>										<div> SOCCER W/F/S </div>										<div> SOCCER W/F/S </div>										<div> BASKETBALL W/F/S </div>																			
WHOLE SCHOOL											<div> MS/HS X COUNTRY Sep 2 - Dec 1, 11wks</div>																				<div> GOLF Jan 6 - Mar 16, 8wks</div>										<div> Nov 3 - Dec 14, 6wks</div>										<div> *no onsite practice</div>									

# HOW TO REGISTER FOR A SPORT



## CHECK THE SEASON SCHEDULE

Fall tryout dates, practice times, and tournament weekends are published in the PHX Athletics Information Booklet



## REGISTER ON SCHOOLSBUDDY

Registration timelines are outlined in the PHX Athletics Information Booklet  
Tryouts require advance booking through SchoolsBuddy.



## COMPLETE STUDENT ATHLETE PERMISSION FORM

One form per student, valid for the entire school year  
A link to the form is provided before each season by the Athletics Office



## ATTEND TRYOUTS

Tryouts are held on designated weekends, with dates published in the PHX Athletics Information Booklet



# REGISTRATION DATES



**SEASON 1:  
FALL**

**AUG 17TH - AUG 22ND**

**SEASON 2:  
WINTER**

**OCT 6TH - OCT 10TH**

**SEASON 3:  
SPRING**

**JAN 5TH TO JAN 9TH**



2025-2026 ATHLETICS EVENTS

INTERNATIONAL SCHOOL OF NANSHAN SHENZHEN

■ Weekend  
■ Trials  
■ PRC  
■ Sign Up Period

■ Holidays  
■ SISAC Playoffs  
■ ACAMIS  
■ Academy

August 25						
M	Tu	W	Th	F	Sa	Su
				1	2	3
4	5	6	7	8	9	10
11	12	13	14	15	16	17
18	19	20	21	22	23	24
25	26	27	28	29	30	31

September 25						
M	Tu	W	Th	F	Sa	Su
1	2	3	4	5	6	7
8	9	10	11	12	13	14
15	16	17	18	19	20	21
22	23	24	25	26	27	28
29	30					

October 25						
M	Tu	W	Th	F	Sa	Su
		1	2	3	4	5
6	7	8	9	10	11	12
13	14	15	16	17	18	19
20	21	22	23	24	25	26
27	28	29	30	31		

November 25						
M	Tu	W	Th	F	Sa	Su
					1	2
3	4	5	6	7	8	9
10	11	12	13	14	15	16
17	18	19	20	21	22	23
24	25	26	27	28	29	30

December 25						
M	Tu	W	Th	F	Sa	Su
1	2	3	4	5	6	7
8	9	10	11	12	13	14
15	16	17	18	19	20	21
22	23	24	25	26	27	28
29	30	31				

January 26						
M	Tu	W	Th	F	Sa	Su
			1	2	3	4
5	6	7	8	9	10	11
12	13	14	15	16	17	18
19	20	21	22	23	24	25
26	27	28	29	30	31	

SCHOOL ATHLETICS EVENTS

August 2025	
19-23	Season 1 Sign Ups
23	Trials HS VB & MS SOC
30	Trials MS BAD

September 2025	
13	PRC MS BAD
20	PRC HS VB & PRC MS SOC
Sep 27 - Oct 6 (Chinese National Holiday)	

October 2025	
7-10	Season 2 Sign Ups
11	PRC MS BAD & PYP ACD SOC
18	PRC HS VB
20-21	Staff PD

22-25	ACAMIS VB @ XIS
23	SISAC MS SOC Playoffs
24	SISAC MS BAD Playoffs
25	PRC MS SOC
25	SISAC MS/HS SWIM
27	SISAC HS VB Playoffs

November 2025	
1	Trials HS BB
6-7	PTC
8	PYP Academy
29	PRC HS BB & MS TR

December 2025	
6	PYP Academy
11	SISAC MS TR Playoffs
13	Trials MS VB
19	Early Dismissal at 11:30am
Dec 20 - Jan 4 (Winter Break)	

January 2026	
5-9	Season 3 Sign Ups
17	SISAC UB/U11/MS/HS SWIM
17	PRC HS BB & MS VB
24	Trials HS SOC
28-31	ACAMIS BB @ AISHK

February 2026	
2	SISAC HS BB Playoffs
7	PRC HS SOC
Feb 14 - Mar 1 (Lunar New Year Break)	

March 2026	
7	PRC HS BAD & PRC MS VB
10-12	ACAMIS Golf
14	PRC HS SOC
17	SISAC MS VB Playoffs
18-21	ACAMIS Soccer @ BSB
21	Trials MS BB
21	PRC HS BAD
23	SISAC HS BAD Playoffs

April 2026	
Mar 28 - Apr 5 (Spring Break)	
15-18	ACAMIS BAD @ TIS
20	SISAC HS SOC Playoffs
24	PYP SLCs, SLCs/PTCs for MS and HS
25	PRC MS BB

May 2026	
May 1-4 Labor Day Holiday	
9	PRC MS BB
21	SISAC MS BB Playoffs
29	Sports Banquet

February 26						
M	Tu	W	Th	F	Sa	Su
						1
2	3	4	5	6	7	8
9	10	11	12	13	14	15
16	17	18	19	20	21	22
23	24	25	26	27	28	

March 26						
M	Tu	W	Th	F	Sa	Su
						1
2	3	4	5	6	7	8
9	10	11	12	13	14	15
16	17	18	19	20	21	22
23	24	25	26	27	28	29
30	31					

April 26						
M	Tu	W	Th	F	Sa	Su
		1	2	3	4	5
6	7	8	9	10	11	12
13	14	15	16	17	18	19
20	21	22	23	24	25	26
27	28	29	30			

May 26						
M	Tu	W	Th	F	Sa	Su
				1	2	3
4	5	6	7	8	9	10
11	12	13	14	15	16	17
18	19	20	21	22	23	24
25	26	27	28	29	30	31

June 26						
M	Tu	W	Th	F	Sa	Su
1	2	3	4	5	6	7
8	9	10	11	12	13	14
15	16	17	18	19	20	21
22	23	24	25	26	27	28
29	30					

July 26						
M	Tu	W	Th	F	Sa	Su
		1	2	3	4	5
6	7	8	9	10	11	12
13	14	15	16	17	18	19
20	21	22	23	24	25	26
27	28	29	30	31		

SCAN ME!

Sports Seasons		SEASON 1	SEASON 2	SEASON 3
		HS Volleyball	HS Basketball	HS Soccer
		MS Soccer	MS Touch Rugby	HS Badminton
		MS Badminton	MS Volleyball	MS Basketball
		MS/HS Cross Country		MS/HS Golf



# FALL

# SEASON





# HIGH SCHOOL VOLLEYBALL



## SEASON DATES

Aug 25- Oct 27

## TRY-OUT DATES

Saturday  
Aug 23

## PRACTICE DAYS & TIMES

**Monday:** 15:45 - 18:00

**Tuesday:** 15:45 - 18:00

**Thursday:** 15:45 - 18:00

## EVENT DATES

**PRC Exchange:**  
Saturday, Sept 20

**PRC Tournament:**  
Saturday, Oct 18

**ACAMIS:** Oct 22-25

## EVENT DATES

[Full Season Schedule  
HERE](#)

## TEAM UNIFORMS



## GIRLS COACHES

A. Irvin, M. Talamahina & L. Edmonstone

## BOYS COACHES

J. Stanojevic & T. Tucker





# MIDDLE SCHOOL SOCCER



## SEASON DATES

Aug 25 - Oct 26

## TRY-OUT DATES

Saturday  
Aug 23

## PRACTICE DAYS & TIMES

Monday (Boys): 15:45 - 17:00  
Monday (Girls): 16:45 - 18:00

Tuesday (Girls): 15:45 - 17:00  
Tuesday (Boys): 16:45 - 18:00

Thursday (Both): 15:45 - 18:00

## EVENT DATES

**PRC Exchange:**  
Saturday, Sept 20

**PRC Tournament:**  
Saturday, Oct 25

## EVENT DATES

[Full Season Schedule  
HERE](#)

## TEAM UNIFORMS



## GIRLS COACHES

J. Desousa & E. Xu

## BOYS COACHES

T.Bivens & C. Brown



# MIDDLE SCHOOL BADMINTON



## SEASON DATES

Sept 1 - Nov 16

## TRY-OUT DATES

Saturday  
Aug 31

## PRACTICE DAYS & TIMES

Friday (Both) : 16:30 - 18:00

## EVENT DATES

**PRC Exchange:**  
Saturday, Sept 13

**PRC Tournament:**  
Saturday, Oct 11

## EVENT DATES

[Full Season Schedule  
HERE](#)

## TEAM UNIFORMS



## COACHES

S. Lee & N. Xu





# MIDDLE/HIGH SCHOOL CROSS COUNTRY



## SEASON DATES

Sept 2 - Dec 1

## TRY-OUT DATES

NA

## PRACTICE DAYS & TIMES

Tuesday (Both): 15:45 - 17:00

Friday (Both): 15:45 - 17:00

## EVENT DATES

**SISAC Invitational #1:**  
Wednesday, Oct 8

**SISAC Invitational #2:**  
Wednesday, Nov 11

**SISAC Invitational #3:**  
Wednesday, Nov 26

## EVENT DATES

[Full Season Schedule  
HERE](#)

## TEAM UNIFORMS



## BOYS & GIRLS COACHES

L. Giles, B. Delsandro, M. Lusignan & S. Magruder

# WINTER SEASON







# HIGH SCHOOL BASKETBALL



## SEASON DATES

Nov 3 -Feb 2

## TRY-OUT DATES

Sat Nov 1

## PRACTICE DAYS & TIMES

Monday (Both) : 15:45 - 18:00

Tuesday (Boys): 15:45 - 17:00  
Tuesday (Girls): 16:45 - 18:00

Thursday (Girls): 15:45 - 17:00  
Thursday (Boys): 16:45 - 18:00

## EVENT DATES

**PRC Exchange:**  
Saturday, Nov 29

**PRC Tournament:**  
Saturday, Jan 17

**ACAMIS:** Jan 28-31

## EVENT DATES

[Full Season Schedule  
HERE](#)

## TEAM UNIFORMS



## GIRLS COACHES

M. Talamahina & N. Talamahina

## BOYS COACHES

M. Proctor & J. Desousa



# MIDDLE SCHOOL TOUCH RUGBY



## SEASON DATES

Nov 4 - Dec 15

## TRY-OUT DATES

NA

## PRACTICE DAYS & TIMES

Monday: 15:45 - 17:00

Tuesday: 15:45 - 17:00

Thursday: 15:45 - 17:00

## EVENT DATES

**PRC Tournament:**  
Saturday, Nov 29

**SISAC:** Dec 11

## EVENT DATES

[Full Season Schedule  
HERE](#)

## TEAM UNIFORMS



## COACHES

G. Smith, F. Pretorius & D. Conklin





# MIDDLE SCHOOL VOLLEYBALL



## SEASON DATES

Jan 5 - Mar 17

## TRY-OUT DATES

Saturday  
December 13

## PRACTICE DAYS & TIMES

Monday: 15:45 - 17:00

Tuesday: 15:45 - 17:00

Thursday: 15:45 - 17:00

## EVENT DATES

**PRC Exchange:**  
Saturday, Jan 17

**PRC Tournament:**  
Saturday, Mar 7

## EVENT DATES

[Full Season Schedule  
HERE](#)

## TEAM UNIFORMS



## GIRLS COACHES

A. Irvin & L. Edmonstone

## BOYS COACHES

J. Stanojevic

# SPRING SEASON







# HIGH SCHOOL SOCCER



## SEASON DATES

Feb 3-Apr 20

## TRY-OUT DATES

Saturday  
Jan 24

## PRACTICE DAYS & TIMES

Monday (Both) : 15:45 - 18:00

Tuesday (Girls): 15:45 - 17:00  
Tuesday (Boys): 16:45 - 18:00

Thursday (Boys): 15:45 - 17:00  
Thursday (Girls): 16:45 - 18:00

## EVENT DATES

**PRC Exchange:**  
Saturday, Feb 7

**PRC Tournament:**  
Saturday, Mar 14

**ACAMIS:** Mar 18-21

## EVENT DATES

[Full Season Schedule  
HERE](#)

## TEAM UNIFORMS



## GIRLS COACHES

A. Abu Baker & N. Talamahina

## BOYS COACHES

D. St Germain & T. Bivens



# HIGH SCHOOL BADMINTON



## SEASON DATES

Feb 10-Apr 20

## TRY-OUT DATES

Friday  
Feb 13

## PRACTICE DAYS & TIMES

Tuesday or Wednesday  
AM TBC

Friday (Both) : 16:30 - 18:00

## EVENT DATES

**PRC Exchange:**  
Saturday, Mar 7 (TBC)

**PRC Tournament:**  
Saturday, Mar 21

**ACAMIS:** Apr 15-18

## EVENT DATES

[Full Season Schedule  
HERE](#)

## TEAM UNIFORMS



## COACHES

L. Xu, S. Lee & B. Morris





# MIDDLE SCHOOL BASKETBALL



## SEASON DATES

Mar 23 - May 24

## TRY-OUT DATES

Saturday  
Mar 21

## PRACTICE DAYS & TIMES

Monday (Girls): 15:45 - 17:00  
Monday (Boys): 16:45 - 18:00

Tuesday (Boys): 15:45 - 17:00  
Tuesday (Girls): 16:45 - 18:00

Thursday (Both) : 15:45 - 18:00

## EVENT DATES

**PRC Exchange:**  
Saturday, Apr 25

**PRC Tournament:**  
Saturday, May 9

## EVENT DATES

[Full Season Schedule  
HERE](#)

## TEAM UNIFORMS



## GIRLS COACHES

M. Godkin & E. Morris

## BOYS COACHES

M. Proctor & L. Giles  
B. Thomas & C. Irvin



# PYP SPORTS







# PYP PRIMARY SCHOOL SEMESTER 1



## SEASON 1: DATES

Sep 8 - Jan 30

## PRACTICE DAYS & TIMES



BASKETBALL (K4-G5)  
Wednesday & Friday



## EVENT DATES

Coming Soon:

## SEASON 1: DATES

Sep 8 - Jan 30

## PRACTICE DAYS & TIMES



SOCCER (K4-G5)  
Wednesday & Friday



## EVENT DATES

Sat, Oct 11 @ SIS

Sat, Nov 8 @ ISNS

Sat, Dec 6 @ QSIS



# PYP PRIMARY SCHOOL

## SEMESTER 2



### SEASON 1: DATES

Mar 9 - May 29

### PRACTICE DAYS & TIMES



BASKETBALL (K4-G5)  
Wednesday & Friday



### EVENT DATES

Coming Soon:

### SEASON 1: DATES

Mar 9 - May 29

### PRACTICE DAYS & TIMES



SOCCER (K4-G5)  
Wednesday & Friday



### EVENT DATES

Coming Soon: